



The Link

YOUR WEEKLY M'KIS NEWS MEDIA

5 MARCH 2010

ISSUE #26



Elementary Idol

March 6

4pm-6pm

Ticket: RM 15

Upcoming School Activities

March					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8	9	10	11	12	13
Day 6	Day 1	Day 2	Day 3	Day 4	
		ES Parent Teacher Conferences Early Dismissal (1150am)	G6 Science Fair	KLASSMUN ES Assembly MSHS M'KIS Idol Final	KLASSMUN Little League Baseball
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
15	16	17	18	19	20
Day 5	Day 6	Day 1	Day 2	Day 3	
	MSHS Parent Meeting	Fundraising for Habitat for Humanity PD Meetings	Fundraising for Habitat for Humanity Global Issues Network ES Parent Meeting	Fundraising for Habitat for Humanity Global Issues Network MSHS Report Cards Non-paying ASA 2 ends	Little League Basketball & Baseball Global Issues Network

ADMINISTRATION

From the Head of School

Linda Moran

l.moran@mkis.edu.my

Fun Fair!

The Fun Fair is just around the corner and we need you! The Parent Association's annual Fun Fair is a great tradition at Mont'Kiara International School. This was initially developed to provide a bit of fun for students back when we were a kindergarten through grade 6 school serving just 83 students. We are a lot larger now, but our students still look forward to the event. We are asking older students, teachers, and parents to work together to make March 14 a special day that showcases our community spirit. If you have not already done so, please consider signing up for a time slot on the sheets displayed in the breezeway, offer to assist in the supervision of some of the refugee children we have invited to share the day - or if you are really brave, put your name down for the Dunk Tank! Ivan Velasco, our Middle/High Assistant Principal, has the Dunk Tank roster prominently displayed outside his office window, so please drop by and sign up for a time period if you don't mind getting a bit wet.

Fay Cabrera is our PA Board Member in charge of the Fun Fair this year. (Give her a hug if you see her!) Fay and her hard-working, much-appreciated team could use your help. This is an opportunity for us all to show our little ones that we value service to others. I'll be there pitching in as needed to make sure the day is successful—and I hope to see many of you there, as well!

Plans for the 2010-2011 Academic Year

Please let us know as soon as possible if you will be moving this summer. We will want to make sure we have all records lined up in a timely manner for your departure. We also need to let our ever-growing waiting list know if there are going to be vacancies for next year. I know some of you have been in that anxiety-filled position of not knowing if the school would have a place for your children. We would greatly appreciate any information that you have in regard to your plans so that prospective M'KIS parents can be spared this worry. Many thanks!

From the Elementary School Principal

Paul Sicard

p.sicard@mkis.edu.my

Emailing Report Cards

Report cards were sent out by email this week with the exception of those that requested a hard copy due to no email address. It is our hope that this process gave you your child's report card in a timely and convenient manner while at the same time, reducing our impact on the environment.

We took many proactive steps to try to predict and prevent problems. However, we realize that cyberspace and computer software is not foolproof, despite our best efforts. If for some reason you ran into any problems or did not receive the report card, we would like to resolve the situation immediately, so please contact the elementary school office at 2093-8604, extension 221 or 223.

We also appreciate your feedback regarding this process. Should you have any feedback that does not require immediate attention, please feel free to send it to: esreportcard@mkis.edu.my Your input will help us improve for the future. Thank you!

Elementary Parent Teacher Conferences (PTCs) and Early Dismissal

Due to Elementary PTCs, there will be early dismissal for all students at 11:50 AM on Wednesday, March 10. We look forward to seeing parents for PTCs as our goal is 100% participation. Information regarding scheduled times has already been sent home. Since PTCs are a time for parents and teachers only to meet and discuss student progress, thanks in advance for making arrangements so that children are not present.

Sign-up sheets to make appointments with our Specialist Teachers are located in the elementary office. Please try to meet with them as they also play an integral part in our elementary program along with the Homeroom Teachers. Our ELL and Learning Assistance Teachers will be located in their regular classrooms or may sit in on conferences with Homeroom Teachers. All other Specialist Teachers (World Languages, PE, Music, IT, Art, etc.) will be located in the Library for PTCs. Thanks!

Elementary Helping Hands

A special "Thank You" goes out to our Helping Hands students and their advisors for organizing and running a very successful bake sale. Proceeds will be given to a local orphanage to support children in need. Many parents commented positively on the way in which students took orders and counted back change during the sale. This is a very worthwhile student organization with faculty sponsors – Ms. Rebecca Simpson and Ms. Pearly Yogan. Well done everyone!

Fun Fair

The PA Fun Fair is coming soon. Please look for information in this edition of The Link. This is another great event that you do not want to miss!

From the Middle & High School Principal

Gary Melton

g.melton@mkis.edu.my

I hope everyone enjoyed a nice long weekend. There are no more long weekends for three and a half weeks, but we do have plenty of fun activities and great learning opportunities this month. Our seniors are finishing up their two weeks of IB Mock Exams today. I am certain they have been well-prepared and will achieve excellent scores! Please do not forget M'KIS Idol is still having more performances this month too. The elementary performance is tomorrow afternoon and the MSHS M'KIS Idol Final is next Friday evening.

Teacher Variety Show

Another reminder, the Teacher Variety Show is tonight, starting at 7:30pm in our theatre. Please attend this evening of fun and see what a talented staff we have here at M'KIS. Singing, dancing, and lots of laughter all in one evening!

Middle School Midnight

The final Parent Association sponsored Middle School Midnight program for this school year will be held on Friday, March 19th. Dancing, sports, games, socializing, and food and beverages - all for our wonderful middle school student(s) in a supervised, safe environment right here at M'KIS from 7:00-10:00pm. I hope to see all our middle school students participating in this fun evening.

6th Grade Science Fair

The date for the 6th Grade Science Fair is Thursday, March 11th, from 5:00-7:00pm in the Activities Room. Please come see our 6th grade students' fantastic science projects!

10th Grade Presentations

Our 10th grade students are continuing preparation begun last year for their 10th Grade Presentation which will be held on Friday, May 7th. Students will present their reflections on their class work in the 9th and 10th grades and answer the following guiding question: "How would you define your personal development over the past two years in the context of our ESLRs (Expected Schoolwide Learning Results)?" Parents will receive invitations in the near future to participate as judges for these presentations. The student presentations are always excellent, insightful, and great fun. The presentations will occur during the school day from 8:30am-3:00pm in designated classrooms. Please consider making some room on your calendar that day to participate in this meaningful activity.

Mid-Semester Progress Reports and Parent –Teacher Conferences

Please remember your student(s) should be bringing home a mid-semester progress report to you next Friday, March 12th. On Tuesday, March 23rd we hope to see all of you for our Middle-High School Parent-Teacher Conferences at our school gym. Students will have an early release (11:50am) from school on this day. We will again have both the afternoon and evening set aside for you to have individual meetings with your student(s) teachers regarding their academic progress.

Middle-High School Parents Meeting Date Change and Special Agenda

I am very pleased to announce that we will be having a trainer from the FCD Educational Services Substance Abuse Education program with us at M'KIS on Monday, March 22nd. I have had numerous requests from our parents for information about this program and work they have conducted with our students in past years. I am moving this month's MSHS Parents Meeting from Tuesday, March 16th to Monday, March 22nd to accommodate a presentation from their representative to our parents. Parents can attend this presentation on Monday, March 22nd from 8:30-9:40am in our Activities Room. I think you, as parents of teenagers, will find this special meeting very informative.

Good Luck to M'KIS SEASAC Swimmers and Congratulations to Kay Lynn & Annika

We wish our wonderful M'KIS Swim Team the best of luck as they head off to participate in the SEASAC Swimming Championships at Jakarta, Indonesia this weekend. We also want to congratulate two of our 9th grade M'KIS swimmers who are already champions and in hot pursuit of more accolades in the coming weeks. Kay Lynn Chua has been selected

to represent Kuala Lumpur in the National Age Group in Swimming conducted this month from March 12th – 14th. Also, Annika Winsnes was selected to represent the state of Selangor at this same national swimming event. Both of these students have worked very hard and made huge sacrifices to develop their swimming to such a high level of competitiveness. Thanks for all your hard work and I am sure you will both continue to have great success in your sport. Great job!

Student Use of Upper Courtyard Area before School

Due to safety concerns and an increasing number of middle school students playing basketball in the upper courtyard before school (8:00-8:15pm) we have notified our middle school students that the upper courtyard will now be open only for elementary student use prior to the start of school each morning. It is our opinion that the broad mix of age, size, and athletic ability groups is an accident waiting to happen. The good news is we have now opened our gymnasium up at 8:00am every weekday morning, added staff supervision at the gym, and established this as a middle school morning sports location. I think this is the best solution for both elementary and middle school students.

Have a great weekend!

COORDINATORS

From the Library

The Librarians

a.sholdt@mkis.edu.my / l.forgie@mkis.edu.my

Margriet Ruurs, award winning author, is returning to MKIS on March 17 – 19; that's less than two weeks away!!! Due to the generosity of the Parent Association, we are able to host Margriet for three days. She will be presenting to and working with students in grades KP – Gr.7 and she will also be doing a session for teachers. We can't wait for her visit!

Parents, if you are interested in coming to see Margriet (she really does a great job presenting) please join us at any of the sessions below:

Wed, March 17

8:45 – 9:45	Grade 5 in the library (elementary side)
10 – 11:25	ALL 6 th – 7 th Grades in the Theater
2:00 - 3:00	Grade 1 in the library (elementary side)


Thurs, March 18 (Day 2)

8:45 – 9:45	Grade 2 in the library (elementary side)
11 – 12:00	Grade 3 in the library (elementary side)

Fri, March 19 (Day 3)

8:45 – 9:15	KP, KPA in the library (elementary area)
9:20 – 9:50	Kindergarten in the library (elementary area)
10:30 – 11:30	Grade 4 in the library (elementary area)

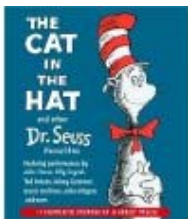
Below are a few more of Margriet's books that we have in the library that will be available for checking out after her visit.

	<p>Animal Alphabet E RUU Presents a children's rhyming book for early readers about a little girl who has twenty-six stuffed animals--one for each letter of the alphabet.</p>
	<p>Emma's Cold Day E RUU On a frosty winter day, Emma sets out to solve the problem of a cold chicken coop.</p>
	<p>A Mountain Alphabet E RUU An alphabet book featuring twenty-six paintings of the mountains of western North America and text describing life in the mountains.</p>
	<p>Wake Up Henry Rooster! E RUU Henry loves to stay up late having fun with the other animals, but when his father leaves the farm for a convention, the job falls to Henry to crow the sun up in the morning.</p>
	<p>Virtual Maniac E RUU Margriet Ruurs' poem-stories describe familiar feelings, like those you have when you look at shapes in clouds or feel the fall. Readers meet funny characters like Bruce, the almost always fearless dog; the boy who just can't stop playing video games; and silly Anna-Belle Lou, who makes her hair blue.</p>

Did you know...

Tuesday, March 2, is Dr. Seuss' birthday!
He would have been 106 years old.

LIBRARIAN: Why don't you take home a Dr. Seuss?
STUDENT: I didn't know he made house calls.



*You have brains in your head.
You have feet in your shoes.
You can steer yourself in any direction you choose.
You're on your own.
And you know what you know.
You are the guy who'll decide where to go.
~Dr. Seuss*

HELP NEEDED:

We are still looking for volunteers to help stamp and add metal strips to boxes (and boxes) of new books. If you would be willing to help us, come up any time and see Ms. Amy, Ms. Santha or Ms. Cecilia. Whatever amount of time you can give, we will happily take. Thanks so much in advance for your help.

On Wednesday, March 10, the library will be closing at 12:00 noon. There will be parent teacher conferences going on with the specialist teachers so we would prefer not to have any students in unless their parents are with them. Thanks so much for your understanding.

A HUGE thank you to the tribes in Mrs. Carrelli's class for letting us display some of their buffalo skins and tipi's. They look fabulous!!

ANNOUNCEMENTS

After School Activities (ASA)**Rowena Yap**rowena@mkis.edu.my

Please note that Wednesday, 10 March is early dismissal for ES Parent-Teacher Conferences. Paid ASA will start at 12.00 pm.

Taekwon-do will be relocated to the Canteen on Monday, 8 March 2010 due to the Medieval Faire exhibition in the Multipurpose Hall. We apologize for the inconvenience caused.

Non-paying ASA Weight / Fitness on Monday, 8 March 2010 is cancelled and will be replaced on Tuesday, 9 March 2010.

We plan to distribute the Non-paying ASA Session 3 schedule of activities on Friday, 12 March 2010 with the Link. Registration starts on Monday, 15 March 2010.

Non-paying ASA Session 2 ends on Friday, 19 March 2010. Paid ASA Session 2 will continue till 21 May 2010 unless indicated.

On the occasion that an ASA is cancelled for whatever reason (e.g. rain) we will send a sms message to parents on that day. We ask that you send a message back to Ms. Rowena noting that you have received the text and also arrange for your child's transport. We are approaching a more rainy season which makes the possibility of cancellation much higher. Thank you for your cooperation.

Calendar Contest

Patricia Carrelli

p.carrelli@mkis.edu.my

If you are like most of us, you probably check your M'KIS calendar quite often. Not only is it helpful to find out about special events, but also it is pleasant to look at the artwork that is pictured each month. The thirteen pieces you have been admiring this year (*including this year's cover shown here*) were selected from over one hundred entries we received last year in the annual M'KIS Calendar Contest.



Now it is time to find beautiful new pieces for our 2010-2011 calendar. The contest is open to anyone connected with our M'KIS family – students, parents, family members, staff, and faculty. Finalists and winners will receive a certificate. Most entries will be displayed in the library and will be returned to the artist unless it is chosen to be framed.

Entry forms are available outside of Room M4-1 and are **DUE FRIDAY, APRIL 16**. You may turn in your entry to Room M4-1 or put it in Patricia Carrelli's mailbox in the elementary faculty office. Collages, mosaics, computer-generated images, and photographs of any size are welcome as long as the piece can be printed horizontally.

Tiger Sharks Swim Club

Marjolein, Colleen, Zul & Jonathan

016 604 9960 / 012 388 5620

Now that the MSHS swim team is finishing up (they have their big SEASAC meet in Jakarta the 1st weekend of March!) we will be able to offer an extra day of swimming lessons.

The Monday afternoon will be for stroke improvement which means that this class is open for the more capable swimmers; it will not be for non or first time swimmers. You should be able to swim a full lane in at least 3 different strokes. There will be a class available at 3:15pm and 4:00pm, starting on March 15th for 8 weeks. The cost is RM 200.



Sign up will be on a first come first take basis. Sign up dates: Monday 8th and Wednesday 10th of March, before and after school.

M'KIS Habitat for Humanity Club
Saveth Seang
s.seang@mkis.edu.my

Buy-a-Brick! March 17 – 19, coming soon!

The M'KIS Habitat for Humanity club sponsors a yearly fundraising drive titled "Buy-a-Brick." Our mission as a club is to fund two builds each year, one in Malaysia and one in another country in the region.

Similar to what we actually do in Habitat for Humanity, students will be working together with their classmates to complete a house by purchasing bricks. When a student buys a brick, he or she will color in one of the squares on the "house" we have provided for each classroom. Most bricks cost only RM2. An entire house costs 100. Thus, the class is essentially buying and building a home at the same time. Classes are encouraged to purchase as many homes as they are inspired to build.



A pizza party will be awarded to the winning classroom from each of the four groups K-G2, G3-G5, Middle School and High School.

So start thinking about you can contribute to making a difference one home at a time! Collections will begin Wednesday, March 17 and ends March 19. This gives you three days to help purchase and build homes for families who need our support!

*Students from Habitat for Humanity will be visiting Elementary classrooms to provide more information.

Thank you for supporting the Car Wash on Saturday, February 27th!

Thank you very much for participating in the Saturday Car Wash last week. It was a very successful and a special experience for all Habitat for Humanity members. We have raised **RM 540**, and we wouldn't have been able to achieve this without you! Once again, thank you. We look forward to your continuous support throughout this year.

M'KIS Literary Magazine
Jennifer Hopp & David Jorgensen
jen.hopp@mkis.edu.my / d.jorgensen@mkis.edu.my

Hey, Tiger Authors and Artists!

The M'KIS Literary Magazine is hunting for original, interesting, and powerful students' writing and artwork. If you are a student in grades 6-12, show your true creative tiger stripes and run your submissions to Mrs. Hopp or Mr. Jorgensen today. Be part of an adventure... the M'KIS Literary Magazine!



Art Display at Elementary Breezeway Cynthia Blessing

cy.blessing@mkis.edu.my

The following students have their art work displayed in the elementary breezeway or elementary office:

Emma de Ruiter: 5A, Eveline Kerckhaert: 5A, Ella Acheson: 5B, Lauren Gerberding: 5B, Sol Agüero: 5C, Katia Syed: 5C, Dong Gyu Kim: 5C, Sarah Farr: 5D, Charlotte Norris: 4B, Su Won Park: 4B, Daniel Schipano: 4B, Ella Cole: 4D, Ella Hopp: 4D, Sydney Rich: 4D, Gabriel Le Gloahec: 4D, Jamila AbelRazek: 1A, Mark Nibbelke: 1A, Alina Krost: 5B, Ella Acheson: 5B, Silva Garcia-Figueras: 5D, Danique Ehmann: 4C, Marion Tandikarang: 4C, Eveline Kerckhaert: 5A, Samuel Soo: 5D, Songwon Park: 4B, Malia Phelps: 5A



Field Trip for Parents

Kaylene Stove

kasmal08@yahoo.com



When your up in the air, flying from city to city, country to country, ever wonder where your in-flight meal comes from??? Here's your opportunity to find out!

Join us for a trip (adults only for safety reasons) to LSG Skycheffs Brahim (at the airport) for a tour around the kitchens.

When? Wednesday 7th April

How Much? RM50 (lunch included)

Time? 8.45am (after drop-off) Returning by 2.30pm (latest)

All proceeds will go to MCF beneficiaries.

Numbers are strictly limited to 25, so first in.....

Please register your interest by 15th March, by email to Kaylene (kasmal08@yahoo.com) or Marjolein (hartingfamily@hotmail.com) payment due by 22nd March.

PA Appropriations

Jodi Jonis

jjonis@yahoo.com

In April, the PA appropriations committee will put forth to the PA Board its recommendation for upcoming expenditures. To make sure we are representing the parent body, we are asking for your ideas. If you have a suggestion as to how you would like to see your fund-raising dollars put into action in our school or community, we will gladly consider it. Suggestions SHOULD fall in the general categories of educational enrichment (i.e. visiting authors), community building (i.e. social events, activities for parents or children), school spirit, sponsorship or charity, or parent networking/support. Suggestions SHOULD NOT be for specific items for the classroom or for any capital expenditure for the school.

If you have an idea to share, please send via email directly to the PA at pa@mkis.edu.my

Otherwise, put your ideas in an envelope marked Appropriations. We will be collecting envelopes in the breezeway on Wednesday, March 10 and Thursday, March 11 during drop-off and pick-up. All suggestions must be received by Thursday, March 11 in order to be reviewed.

ES Parent Meeting

Fiona Parker & Jodi Jonis

fionakp@msn.com / jjonis@yahoo.com

The next ES Parent meeting is coming up on Thursday, March 18 at 8:45 in the activity room. Please join us to participate in a discussion with Mr. Sicard regarding issues relevant to the elementary school. We welcome your participation! If there is something specific you would like to have addressed, please email to Jodi or Fiona by Monday, March 15.

Our guest speaker will be Mrs. Danielle Rich, Coordinator of Curriculum. Our performance this month will be from Miss Judy's music class. Hope to see you there!

PA Midnights

Claire Stanton

stanton@streamyx.com

Would any middle school parent wishing to volunteer for the upcoming Midnight to be held on Friday March 19th, please email their contact details to Claire Stanton at stanton@streamyx.com It would be great to see some new faces, if this is your first time volunteering, then it's a very easy event to help at. Please consider helping out - "many hands make light work".

**Malaysian Parents Meeting for Mari Makan
Kim Cheong**

kimtho.cheong@gmail.com

It is that time of the year again to meet for Mari Makan. Please come to the Activity Room at 8:30am on Tuesday, 9 March, 2010. Please mark your calendars. I look forward to see as many of you as possible.

**PA Little League Baseball
Trang Revere**

trangrevere@mac.com

Let's Play Ball



Baseball is on this Saturday!!

PLAYING TIMES: BASEBALL
8:45(warm up) 9:00 - 10:30:



**MSSH Parents Mingle Night
Fiona & Michel, PA Hospitality Committee**

fionakp@msn.com

Calling all Middle/High School parents! Following the success of the first "Mingle Night" some months ago, another one has been arranged for Thursday 18 March, at 1930, at Somo (next to Coffee Bean). Come and meet other parents (moms and dads) in a more relaxed environment and get to know what's happening in your child's grade. Looking forward to seeing you there!

**PA Little League Basketball
Kim Cheong**

kimtho.cheong@gmail.com

Little League Basketball is on this Saturday, 6 Mar 2010

It's PHOTOS day. Please remember to come in your uniforms and be on time as follows:

Boys Grades 3-4	8.30am – 10.00am
Girls All Grades	9.45am – 11.15am
Boys Grades 5-8	11.15am – 12.30pm

Important Notice

All players please make sure your nails are cut

THERE WILL BE NO BASKETBALL NEXT WEEK – 13 MARCH 2010

PA Mari Makan
Claire Stanton
stanton@streamyx.com

Calling **all country reps** and anyone who would like to participate in this event, but do not have a community represented at the school. Please come to a short meeting on **Monday 8th March at 1:00pm** in the school café.

Fun Fair on March 14th
Fay Cabrera
fay_cabrera@yahoo.com / 012 209 8724

One more weekend to go before the FUN happens!!! Fun Fair is on Sunday, March 14th!

Remember - this day is for EVERYBODY!!!! Just a few things to look forward to:

Games – Don't miss the fun booths and games that we have lined up, like the F1 Simulator, Sumo Wrestling and Harry Potter games to name a few!

Entertainment – look forward to performances by the High School Swing Band, the Elementary and Middle & High School Idol Winners, as well as a magic show!

Shopping – come and shop for jewelry, clothes and accessories, home ware, photographs and paintings and all other exciting products that our vendors will have in store for you.

Raffle Draw and Silent Auction – you will have the chance to bid on and win wonderful baskets prepared and donated by our various elementary classrooms, as well as carpets, gift vouchers donated by various companies!

Charity – show your support for our various student organizations, like the Helping Hands, STAND, Habitat for Humanity, who are raising funds for the various charities they support.

Lastly, to make this day truly memorable and special for everyone, we do still need everybody's help and support. If you haven't yet, you still have time to sign up and volunteer to help out for this day that's bound to be lots of fun for everyone! The sign-up sheets for the games and booths are now up in the breezeway. Please check it out and sign up to man your class' booth assignment. The Fun Fair committee is also still needs help in setting up as well as to clean up after the Fun Fair.

Also, please don't forget to donate your pre-loved books and items for the used books and white elephant tables. Keep an eye out for the boxes in the breeze way for the collection of used books and white elephant items.

For questions, please get in touch with any of the following Fun Fair committee members:

Fay Cabrera 0122098724

Tony Tan 0126888669

Helen Kana 0123183384

Wendy Lamb 0129174990

Denise Frenette 0173319253

Devi Nair 0123730892

Heather Ali 0142292694

Angela Philips 0193215437

Elementary Lunch Menu

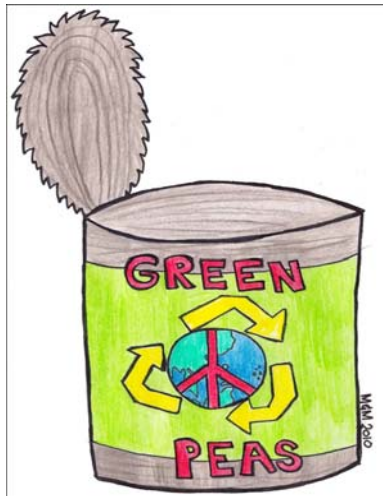
March				
8	9	10	11	12
Monday	Tuesday	Wednesday	Thursday	Friday
RM 6.50 per bag inclusive of a choice of drink				
SET A				
BBQ Grilled Chicken Sandwich w/ Whole meal Bread	Tuna Sandwich w/ White Bread	Early Dismissal	Beef Bacon Sandwich s/w Short French Bread	Egg Sandwich w/ Whole meal Bread
SET B				
Bread Crumbed Chicken Morsels s/w Steamed corn / pees	Beef Lasagna s/w Fresh Garden Salad	Early Dismissal	French Toast Sticks & Sausage Link s/w Carrot Sticks	Roast Beef w/ Gravy s/w Steam Potatoes
HOT LUNCH				
Beef Kebabs w/ Yogurt Sauce & Steam Rice	Cheese Pizza	Early Dismissal	Fettuccine w/ Tomato Sauce – Side Salad	Frankfurter (hot dog) s/w Side Salad
Choice of Drinks				
SCHOOL HOLIDAY	SCHOOL HOLIDAY	Mineral Water or Orange Juice	Mineral Water or Chocolate	Mineral Water or Plain Milk

Brought to you by SHF CATERING SERVICES (M) SDN BHD (822648-A)
(Formerly known as SKY PEACH Sdn Bhd)

Anything to SELL?

To the M'KIS community,

An earth care fair is coming up soon, if there are any goods you would like to sell please feel free to participate in the fair! *Only* RM50 will be charged per table for three whole days! Talk about bargain 😊 Don't miss this chance and take advantage of it! For further information or questions regarding the fair please contact earthcarefair2010@gmail.com



When? April 21-23 PM3:00~4:30

Where? In the Breezeway

※ Cautions ※

The items must be school appropriate and it would be preferred if the items are related to an environmental friendly theme. Also, please note that plastic bags will be strictly prohibited.

Brought to you by M&M class



U9 & U11 Great Race Duathlon



What is a duathlon?

A duathlon is an event that combines two activities such as running and swimming. Training for and competing in duathlons has become a popular way to achieve overall fitness, since more muscles are being used as compared to training for just one of these activities.

M'KIS will be hosting this year's U9/U11 GREAT RACE Duathlon

This event's primary goal is to show our youngsters that healthy outdoor activities are fun, exciting, and rewarding, in turn helping them to improve their fitness.

Distances

- U9** **100m Swim (deep water) + 1km Run**
- U11** **150m Swim (deep water) + 1.5km Run**

*** Interested participants must be able to comfortably and competently complete the above distances without stopping in order to register for this event.**

General Information

- Event Date: Tuesday, March 23rd 2010
- Location: M'KIS
- Registration Deadline: March 18, 2010
- Time: Expected start time is 3:30pm.
- Team Training: Friday, March 12th 3:15 pm- 4:45 pm Pool

Open to any students in grades 3-5 only!

U9 & U11 Great Race Duathlon - March 23rd, 2010

Please register my child _____ in class _____ in the March 23rd Duathlon. I understand that my child will need to train on their own time as well as attend the March 12th Team Training Session.

Parent Signature _____ Date _____

Contact Number _____